

Kent County Strategic Plan

FY 2016 - 2018

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KENT COUNTY, MARYLAND STRATEGIC PLAN

*(Plans, strategies and priorities for meeting the identified needs of the general public and
The criminal justice system for alcohol and drug abuse evaluation, prevention and treatment)*

FY 16-18

Vision: **A Mentally Healthy, Safe and Drug-Free Kent County**

Mission: **To assist individuals and families affected by substance abuse, mental illness and co-occurring disorders to achieve a better quality of life through prevention, intervention and comprehensive treatment. Our primary value is to preserve the dignity and well-being of every individual and family through the promotion, restoration and maintenance of a healthy and productive life.**

Priorities:

- 1.** Educate and assist citizens of Kent County to live healthy and substance free lives
- 2:** To reduce the availability of alcohol to underage drinkers through MSPF2 Prevention activities and intervention strategies.
- 3:** Provide Vivitrol case management/counseling serves to Opioid Dependent Kent County inmates prior to release from the Kent County Detention Center back into the community via a grant provided through the Governor's Office of Crime Control & Prevention and for those court ordered individuals into the PAST program (Post Adjudication Supervision Treatment).
- 4.** Implement the STOP Grant Award for ASAM Level I.C Treatment at the Kent County Detention Center beginning FY 17.
- 5.** Expansion of A.F. Whitsitt Center Beds from 24 to 40 to meet the overwhelming demand for detox referrals due to the Opioid Epidemic.
- 6.** Develop and maintain an integrated continuum of efficient and effective treatment services for both substance abuse and mental health.

TREATMENT

Goal 1: Educate and assist citizens of Kent County to live healthy and substance free lives.

Objective 1: Use appropriate evidence-based prevention programs in all settings.

Kent County is in the process of implementing the Maryland Strategic Prevention Framework II funds that will infuse cultural competence into all aspects of prevention efforts. Kent County has been chosen as one of only four counties in the State of Maryland for this grant that focuses on a process of inclusiveness as a key component in planning efforts when determining the most effective and appropriate programs and strategies to address underage drinking issues within the community as this is continues to be a problematic issue within this jurisdiction.

Currently the focus is being placed on a needs assessment and the development of coalition that has been chosen with key stakeholders who are very familiar with this issue and are very committed toward addressing this issue. Initially efforts will be placed into a media campaign and town hall meetings in order to develop a grass roots movement within the community about the core issues concerning the severity of underage drinking. Open forums and educational presentations presented by both Prevention Coordinator and LAA about the risks of underage drinking coupled with Law Enforcement will be our key strategies.

Kent County is also is also engaged in the Mid-Shore Opioid Overdose Prevention Plan: Please see below for full details of the plan:

Objective 2: Increase the effectiveness of prevention activities by partnering with appropriate entities to identify and provide services to families whose children may be at increased risk for substance use while assisting the citizens of Kent County in living mentally health, substance free lives through education, community building and environmental strategies.

We continue to offer the Diversion Program via our Partnership with the District Court of Kent County with two classes – one for local college students and one for out of area students and those not enrolled in college. We are also exploring a program that is offered online called Alcohol EDU in a “sanctions” version that is specifically for court ordered individuals 18-20 years old with a first time alcohol citation or legal consequences from drinking and discussion with the State Attorney’s Office is being sought on the program after we preview the program.

Objective 1: Through the utilization of the OMPP Grant Initiative and community involvement there will be a reduction and/or elimination of prescription opiate and heroin misuse by preventing the onset of addiction of prescribed opiates and heroin by youth and adults.

MID-SHORE OPIOID OVERDOSE PREVENTION PLAN (Caroline, Dorchester, Kent, Queen Anne's & Talbot Counties)

The two goals established in the Mid-Shore Opioid Overdose Prevention Plan are to decrease Opioid-related overdoses and deaths and reduce accessibility to prescription medications) cite 2016 as the target date.

- Kent County has a permanent drop-off site is in place for citizens to dispose of unused medications at the local sheriff's department Sheriff's Office located at 104 Vickers Dr., Unit B, Chestertown, MD 21620, Only take unused meds on M-F, 8am-5pm except holidays)
- Kent County, under the medical supervision of the Mary Ada Moore, RN has trained Kent County Behavioral Health Staff, Police Departments within Kent County on the use of Narcan, which they now carry as part of their standard equipment. All EMS personnel are also trained.
- Ongoing trainings for Naloxone are offered monthly for citizens within the community at KCBH/OAS located at 300 Scheeler Road, Chestertown, Maryland. These trainings are led by the Kent County LAA, and other certified trained KCBH staff members.
- In anticipation of the Prescription Drug Monitoring Program's identification of issues related to over-prescribing, "doctor-shopping", and/or the use by individuals of multiple pharmacies to access medications, each jurisdiction along with various state authorities need to prepare a response plan.
- January '15: Counties can each apply for up to \$160,000 for an "Opioid Misuse Prevention Grant Program". Since the Mid-Shore prepared its Opioid Overdose Prevention Plan as a region, the five counties applied for these funds as a region with Dorchester County serving as the primary recipient.

Objective 2: Continued education of primary care and emergency room physicians/nurses about the importance of discussing the abuse potential and addictive qualities of narcotic prescription opioids.

Performance Target: Increase the number of primary care and emergency room physicians/nurses who have access to educational literature about addiction and withdrawal symptoms related to prescribe opiates (best practices).

TARGET: Identify funding to purchase and distribute/display educational information about prescribed opiate addiction and withdrawal symptoms for doctors and dental offices, emergency room, emergency responders and law enforcement.

Objective 2: Educate pharmacists about the importance of discussing addiction and withdrawal symptoms with their customers when filling opiate prescriptions.

TARGET: Increase the number of pharmacies that have access to literature detailing information about prescribed opiate addiction and withdrawal symptoms.

TARGET: Identify funding for prescribed opiate addiction and withdrawal literature for placement in pharmacies.

Objective 3: Increase the community's knowledge about treatment options/locations for addiction to heroin/opiates.

TARGET: Provide the community with the Mid-Shore Mental Health System's website information which has a detailed list of all providers within the jurisdiction.

Goal 2. To reduce the availability of alcohol to underage drinkers through MSPF2 Prevention activities and intervention strategies.

Objective 1. Offer local TiPS training to alcohol selling establishment owners, employees and staff by trained Liquor Inspectors.

Objective 2. Offer a TiPS – type of training to parents and other adults

Objective 3. Fake ID Training

Objective 4. Offer funding supplement to support alcohol and drug enforcement compliance checks, party patrols, youth sobriety checkpoints, etc.

Goal 3: Provide Vivitrol case management/counseling serves to Opioid Dependent Kent County inmates prior to release from the Kent County Detention Center back into the community via a grant provided through the Governor's Office of Crime Control & Prevention and for those court ordered individuals into the PAST program (Post Adjudication Supervision Treatment).

Objective 1: Reapply for the GOOCP Grant through the Governor's Office of Crime Control & Prevention for the next fiscal year.

Update: A new grant application has been submitted for the new fiscal year to support this ongoing clinical process.

Objective 2: Increase the number of participants within the PAST program.

Update: To date there have been a total of 17 individuals served through the PAST Program.

Objective 3: Provide Vivitrol injections to Opioid Dependent inmates prior to their release from KCDC and arrange for SUD services within their local Jurisdiction.

Update: To date a total of four inmates have received the Vivitrol injection and have been referred for ongoing substance abuse treatment on an outpatient basis. Two continue to receive treatment at the local level.

Performance Measure: Inmates within the Kent County Detention Center who are residents of Kent County, Maryland who are Opioid Dependent and offenders within the District and Circuit Courts of Maryland for Kent County who voluntarily commit to engage in the PAST Program for one year of structured treatment under the supervision of the court.

Estimated Dollar Amount Needed to achieve goal: \$ 60, 367.00. This amount is specifically earmarked to pay for a full time clinical position.

Goal 4: Implement the STOP Grant Award for ASAM Level I.C Treatment at the Kent County Detention Center beginning FY 17.

Objective 1: Apply for a grant through the Behavioral Health Administration for the STOP Grant for non-reimbursable services for jail based treatment.

Update: KCBH was awarded the STOP Grant for FY 17. An RFP was submitted to determine interest for Private Provider to these non-billable ambulatory services. The contract was awarded to Eastern Shore Psychological Services. They will officially begin delivering treatment services July 1, 2017.

Objective 2: Partner with Eastern Shore Psychological Services and the Kent County Detention Center to determine the norms of the program and staffing patterns.

Update: All partners have met and protocols and policies and procedures are in place.

Objective 3: KCBH and ESPS will work together to determine the level of care to best suit the population.

Update: ESPS will provide three days of treatment to inmates at an IOP level of care, (i.e., 9-15 hours) with two clinicians.

Estimated Dollar Amount Needed to achieve goal: \$ 103, 595.

Performance Target: Groups will be held three times weekly contingent upon the Detention Centers staffing capacity. Individual sessions will be held as needed based upon client's needs. Educational sessions will be tailored to meet the needs of population using a BEST Practices curriculum. Eastern Shore Psychological Services will provide two clinicians providing nine

hours of treatment during the course of these three days of treatment. The start date will be July 1, 2016.

Update: If the newly submitted grant is authorized an RFP will be submitted for this level of care as well as KCBH is preparing to move completely away from the providing ambulatory services and toward the monitoring the overall systems of care within the Jurisdiction.

Goal 5: Expansion of A.F. Whitsitt Center Beds from 24 to 40 to meet the overwhelming demand for detox referrals due to the Opioid Epidemic.

The Governor's Task Force conducted a detailed assessment of the State of Maryland's Heroin Epidemic and the result of which yielded additional grant monies for the A.F. Whitsitt Center to its current beds from 24 to 40. The expansion is underway with the expectation of being at full capacity by the end of FY17.

Update: Both wings have been reopened. Expansion is well underway. Census has increased accordingly. Detox admissions are up to address the Opioid Epidemic from all Jurisdictions. Same day admissions have been occurring when possible.

Estimated Dollar Amount Needed to achieve goal: \$800,000

Goal 6: Develop and maintain an integrated continuum of efficient and effective treatment services for both substance abuse and mental health.

Performance Target: Decrease the number of emergency room admissions for substance abuse and mental health concerns.

Kent County Behavioral Health as are most jurisdictions is in the process of soliciting private providers to garner interest in building the overall capacity of behavioral health care within the jurisdiction. Currently this process is in the beginning phases. Kent County has one private provider which is not a licensed certified ASAM level of care. They provide a full array of mental health services but do not accept Medicaid. Ongoing efforts to bring in a provider that meets this need is a priority if expansion of services within the Jurisdiction are to be met. These duties will fall upon the LAA and the Health Officer.

Update: KCBH placed an RFP for its Medicated Assisted Treatment. Community Behavioral Health was awarded the RFP. No money was exchanged as this was just a transfer of existing clients into their system of care. Community Behavioral Health officially assumes responsibility for the treatment of these clientele as of July 5, 2016. CBH will be providing for both the Medicated Assisted Treatment and Mental Health Services of these clients.

There are two additional private providers that are in the process of bringing treatment into Kent County. They are Eastern Shore Psychological Services and Corsica River Mental Health. Each of these providers are dual licensed to provide both SUD and Mental Health treatment. Community Behavioral Health is the only program at this time that is licensed to provide Medicated Assisted Treatment. CBH has its JACHO Accreditation. The other private providers are working toward national accreditation as well.

Estimated Dollar Amount Needed to achieve goal: \$0.00